



TABOR VILLAGE
Providing Care from the Heart

April 25, 2020

Valhaven Care Home
One Resident has tested positive for COVID-19.
An Important Message from Dan Levitt Executive Director, Tabor Village

We are writing to notify you that one resident living at Valhaven Care Home has tested positive for COVID-19. The resident is in isolation at Valhaven where we pray she recovers.

We continue to maintain staffing levels and ensure direct care hours are provided to ensure the clinical and holistic care is provided during the outbreak. The Tabor Village clinical leadership team is overseeing the implementation of the COVID-19 Pandemic Plan to ensure the containment of the virus and prevent its spread. There is an adequate supply of Personal Protective Equipment (PPE) and we want to extend a special thanks to Fraser Health staff and experts who have offered their guidance on further measures being taken to control the outbreak.

The Outbreak is currently contained and this means that staff, other residents and their family members are not at increased risk to become sick with COVID-19. Residents who do not have symptoms will be monitored. Public Health does not recommend testing residents who do not have symptoms because the test is not reliable in the absence of symptoms. Residents who develop symptoms will be isolated, tested for COVID-19 and receive the care they need.

The Communicable Disease Control team in Fraser Health are working with the staff at the facility, and our Medical Director, Dr. Charles de Leeuw, to identify anyone who may have been exposed and to take steps to protect the health of all residents and staff.

COVID-19 is a respiratory illness. It can spread through droplets when a person coughs or sneezes, or by touching the virus with your hands then touching your face before washing your hands. Symptoms of COVID-19 may be mild or severe. These may include low grade fever, cough, sneezing, and/or sore throat. More severe symptoms could include fever, difficulty breathing and/or chest pain. The elderly are at higher risk of severe disease, but even in this population, most people will experience mild illness.

If you have any respiratory symptoms, families and staff of Tabor Village are reminded to self-isolate for 14 days and use the provincial self-assessment tool to determine if you need further testing for COVID-19 (<https://covid19.thrive.health/>).

Fraser Health is providing infection control support to Tabor Village throughout this time. In light of the potentially severe consequences of COVID-19, outbreak control measures have been put in place at Valhaven Care Home. This may result in some residents being confined to their rooms, including during mealtimes. Restrictions to group activities, and non-essential services will remain in place for the foreseeable future. These precautions prevent the spread of respiratory illnesses, and are standard approaches used in care facilities during seasonal Influenza outbreaks.

Any essential visitations to Valhaven where the resident tested positive for COVID-19 are now suspended until further notice. Tabor Village's strict "No Visitors" policy, as well as extraordinary screening measures for all essential staff members will continue in an effort to keep all residents, families, and staff safe. There is no timetable for when these restrictions will be lifted.

For general information about COVID-19 call 811, or visit HealthLinkBC:
<https://www.healthlinkbc.ca/health-feature/coronavirus-covid-19>.

Thank you to our Tabor Village and extended Tabor Village community for all of your support, prayers, and encouragement during this time.

Sincerely,

Dan Levitt, MSc., CHE
Executive Director, Tabor Village